

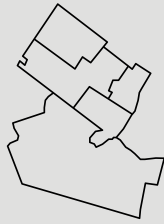


United Way
Halton & Hamilton

TOGETHER. STRONGER.



2021 – 2022 **IMPACT** REPORT



We would like to acknowledge and honour the land which our organization represents. This land is home to many Indigenous peoples today, and we are grateful to live, work, and play in the spirit of the Dish With One Spoon. We acknowledge the land that we are privileged to share, and take time to reflect truthfully and be in community with Indigenous peoples.

Together, We are Stronger

There is so much to be proud of about how we have collectively answered the call during these challenging two years.

We have proven ourselves to be a resilient community that is committed to helping one another and we have demonstrated that great things happen when you combine kindness, generosity and innovation.

Thanks to you – our donors – your United Way Halton & Hamilton has catalyzed action, enhanced the capacity of front-line agencies, and raised critical funds that will be invested in recovery programs.

Because of you, our community hit a milestone. Your contributions raised a record \$11.1 million. Given pandemic restrictions, this result is impressive and inspiring.

As a result of our unique positioning, deep community connection and insight, we identified new and emerging issues. We then took action, and applied an evidence-based approach to solutioning, and in the end invested an additional half a million dollars of crucial, one-time community grants. These invested funds were over and above scheduled allocations.

This report showcases the impact of your commitment to making important change, even in a time of crisis. We cannot take our foot off the gas pedal. Even though there are many reasons for hope, we know agencies continue to struggle to meet demand.

Yet when we apply the power of this incredible community, and examine and tackle our social issues through a lens of equity, diversity and inclusion, your commitment offers the possibility for everyone to overcome and prevail.

Thank you for your Local Love. Together, we are stronger.

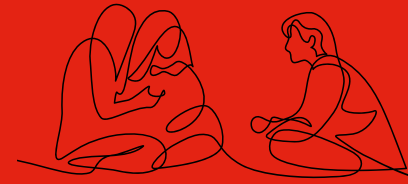
Brad Park
President and CEO,
United Way
Halton & Hamilton

Anna Iacobelli
Chair, Campaign
Cabinet, United Way
Halton & Hamilton
Senior Vice President,
Metro West Region,
TD Canada Trust

Trent Ogilvie
Chair, Major Giving
Cabinet, United Way
Halton & Hamilton
Board Director,
United Way Halton &
Hamilton
xROCKWOOL

James McAskill
Chair, Board of
Directors, United Way
Halton & Hamilton
Managing Partner,
O'Connor MacLeod
Hanna LLP

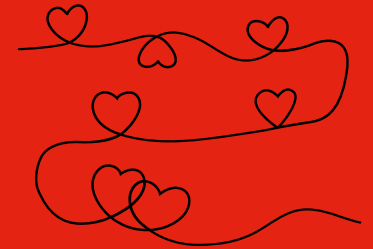
Your Local Love in Action



205,311
Individuals who reached out
for support



58
Total Agencies
Supported



106
Total Programs
Supported

Your Donations in Action: A Snapshot of Those Who You Helped



42,745
Children and Youth helped
who were prone to facing
barriers caused or worsened
by COVID-19



26,035
Women helped who were
subject to unprecedented
challenges during the
pandemic

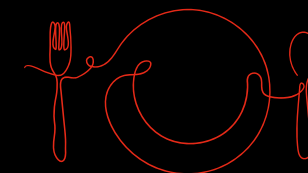


21,354
Seniors helped who were
vulnerable to record-high
rates of isolation and
loneliness

The Need in Our Community*



43%
United Way-supported
programs that saw an
increase in demand



29%
Of those reporting an
increase, 29% indicated a
lack of resources



49%
of United Way-supported
programs have waitlists

*See pages 18 and 19 for your United Way's response to community



First-time mother and newcomer, Chaitra, found the supports she needed to raise her young son.

ALL THAT KIDS CAN BE

Building a Village in Canada

“When we arrived in Canada, our son was about 15 weeks old.

Through a newcomer parents program, I came to know a lot of other parents. It’s been great for my son, because we’ve set up play dates and it’s helped me learn more about the community here. There are a lot of informative sessions for me and lots of learning experiences for my son. I’ve learned how to build learning into playing with him at home.

As a first-time parent in the middle of COVID, I’ve questioned myself a lot about whether

I’m exposing him to enough opportunities. The program has been extremely helpful in putting my mind at ease that I’m doing something right. I’ve seen my son develop at a rapid pace, especially when we could go to the centre, and he was surrounded by other kids.

When we moved to Canada, we came with no social capital. You really need a village to raise a child, but we had no one. We have steadily built our own village. I now have other parents to get advice from or to vent to when I need it. My son is thriving, COVID or not.”

	ISSUE Youth graduating from post-secondary education have higher employment levels, and higher average incomes	IMPACT 11,961 Children and youth engaged in learning and improved their academic performance
	ISSUE Physical activity in childhood is essential for a healthy brain and leads to improved thinking and learning, emotional regulation, problem solving, and stress management	IMPACT 27,251 Children and youth improved their emotional and physical well-being
	ISSUE Research shows that youth who are involved with their school are healthier, have greater self-worth, and are less likely to adopt unhealthy behaviours	IMPACT 29,970 Children and youth are connected to and involved in their community
	ISSUE Since the pandemic, many parents have reported being concerned about their children and their families – particularly the ability to balance child care, school, and work	IMPACT 6,137 Families have more capacity to work through challenges and increased healthy engagement with their children



AJ struggled with mental health issues from around the age of nine. It was only when he found United Way-funded supports that he got the help he needed.

HEALTHY PEOPLE, STRONG COMMUNITIES

Getting on the Right Track

“Some of you may already be familiar with my story. I was diagnosed with obsessive compulsive disorder (OCD), depression, and anxiety at about nine years old.

A lot of my OCD is germ-related. As my behaviours changed, kids started to kind of give me a hard time about it. I think that’s where the social anxiety started to develop and then later the depression.

My parents took me to a whole bunch of doctors who didn’t listen to me at all. It was just very clinical. I kept ending up in hospitals because I was so unwell.

When I was about 19, I went to emergency and they kept me for two days. After that, I went to a crisis house. They connected me with an organization and a youth worker. And right away, it was completely different.

She helped me settle back at home and to connect to services in her organization and in the community. It was the turning point that got me on the right track.

It’s not easy to ask for help and it’s not easy to get help. The more accessible it is, and the more options people have, the more likely they are to find something that fits for them.

I share my story as a United Way speaker and with youth I work with because if I had been able to find that right person and right organization at an earlier point in my life, things may have been better. So it’s important to me to help people find the lifeline that I did.”



ISSUE
1 in 4 Ontarians
required and
accessed mental
health support

IMPACT
7,930
People are able
to access supports
due to enhanced
community service
coordination

ISSUE
Nearly half (48%)
of Ontarians say
their mental health
worsened since the
outbreak began, up
from 36% at the start
of the pandemic

IMPACT
48,092
People have
improved mental
health and are
better able to
handle life’s
challenges

ISSUE
More than one in 10
people aged 15 and
older indicated that
they always, or often,
felt lonely

IMPACT
18,224
People are involved
in their community
and feel a sense of
belonging

ISSUE
Health and social
inequities linked to
racial discrimination
exist at multiple
levels and have
harmful, generational
effects on physical
and mental health.
By 2036, 48% of
Ontario’s population
will be racialized

IMPACT
1,596
People feel
represented in their
communities, and
feel that diversity
is celebrated

Finding a Safe Place to Call Home

“The agency came into my life at a time of dire need. I was at rock bottom and didn’t know where else to go, the place where I lived was unstable and unsafe. I figured I had nothing left to lose. I didn’t enjoy my life and decided I would do anything to change it, even though I hate change.

The support I have received has been the one constant in my life over the last few years. I have had to upset my life and start over but through every step, there was always someone beside me.

Independence and confidence are the perfect words to describe what I’ve gained.

Alex says the confidence and independence she’s found living on her own has been life-changing.

While living with my parents I didn’t have a lot of either. But I’ve been given the opportunity to learn. And getting the physical space from my parents helped regrow our relationship, which had been toxic.

I’ve grown quite quickly. I was dragging my feet for most of my life because I’ve always been afraid to get to the next stage and do the next thing. I’ve been too scared of change. And now, though change is still scary, I’m looking forward to it, and have now found a safe place to call home.

I watched my sister go through years of homelessness and shelters and group homes when she was just a teenager. I was the younger sister, so I could do absolutely nothing for her, but now I can do something for someone else and let them see that there are supports out there. That’s my main goal in sharing my story.

Everyone needs help sometimes.”



ISSUE
Over the past four years, food banks saw a 19% increase in demand across Ontario

IMPACT
13,614
People have increased food security



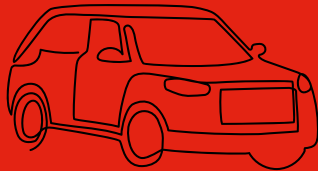
ISSUE
The pandemic has impacted lower-income workers more severely and is widening income gaps in Canada; the likelihood of earning less as a result of the pandemic declines as household income increases

IMPACT
3,246
People work towards meaningful employment and/or financial stability



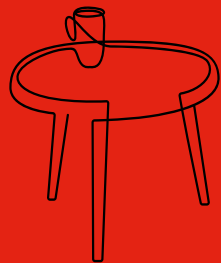
ISSUE
The proportion of senior citizens accessing a food bank in Ontario has grown by 36% over the previous year

IMPACT
800
Seniors received regular deliveries of healthy soup from a social enterprise pilot



ISSUE
Low-income community housing can only be accessed if one has filed their tax returns, something many community members face complex barriers to doing

IMPACT
58
People experiencing homelessness moved into permanent housing after receiving tax filing support



Enhancing Your Investment Through Strategic Innovation

In 2021, your United Way launched a new Investment Framework to modernize the way we invest in community. In consultation with community and local agencies, and following an in-depth analysis into the investment strategy, a new and innovative framework was launched.

Designed to balance agency stability, innovation and systems-level transformation, the investment strategy consists of three funding streams:

Seed provides short-term, flexible, project-based, venture-style funding focused on social innovation.

Feed offers three-year funding for established programs that align with United Way investment priorities.

Root is **five-year funding** to strengthen agencies at the core. While most funders provide funding for up to three years, your United Way saw the unprecedented opportunity for longer-term funding to give agencies more time to plan, grow, and scale to address complex community needs. Achieving Root funding is a highly selective process with strict eligibility requirements, including a proven track record of collaboration, improvement and performance, outcome evaluation, diversity of funding streams and systems-level change.

Learn more about our new Investment Framework at uwhh.ca/investments

“**Testing new concepts is vital to ensuring we are able to meet community needs in the most impactful way, however, this funding is not commonly available. Our funding from United Way Halton & Hamilton allowed us to test concepts and feasibility. We found a winning solution, which would not have been possible without their support.**”

– United Way-Supported Food Security Program

Putting Down Roots

Your United Way's new Investment Framework is supporting the work of critical frontline agencies, including a long-time champion of women, girls, the gender diverse and 2SLGBTQIA+* youth.

One social justice and equity agency that has been awarded Root funding has worked for well over a century to promote and protect the rights of girls and women, along with gender-diverse and 2SLGBTQIA+ communities.

“Root funding gives us the opportunity to really fill in gaps in critical pieces of the social justice and equity work that we do that often doesn't fit well into funding boxes or priorities,” said Medora, the agency's Director of Operations.

“United Way's Root funding really gives us the opportunity to continue this important work so that we don't have to compromise on service delivery.”

The stability of five-year funding allows for longer-term planning, better staff development and more effective capacity-building in areas of focus, says Medora, including supports for racialized communities, calls-to-action to address and eliminate racism, and advocacy for women facing precarious work.

United Way Root funding also directly supports an after-school program in priority elementary schools, a peer-based postpartum program for vulnerable new moms,

a food security and training program for women in transitional living facilities, and health and wellness activities for women experiencing poverty.

Root funding is also allowing for sustainable and dedicated resources for 2SLGBTQIA+ youth. For example, flexibility in funding has allowed a peer-led program founded by 2SLGBTQIA+ youth to shift from an in-person, activities-based focus to mental health and crisis-based interventions and supports.

“This is an underserved group and in the pandemic, they are facing incredible vulnerability through isolation. Some are stuck at home with family they're not out with or aren't safe with and they can't be their full self,” said Medora.

Programming offers any 2SLGBTQIA+ individual between 16 and 29 to sign up and a member of the team will message them once a week through social media or email.

Sometimes the chats are casual and light-hearted, but other times young people are talking about homelessness, unemployment and feelings of loneliness or isolation, says Check-In Program Coordinator Nira. Where necessary, the check-in team links young people to mental health, housing and job supports, along with crisis interventions that are queer-affirming.

Young people have said the program has been a lifeline or a “soothing balm. People really, really rely on our programming and programs like us,” says Nira.

“It's crucial that we continue to be here for them.”

**2SLGBTQIA+ stands for two-spirit, lesbian, gay, bisexual, transgender, queer, intersex and asexual. The + stands for other ways individuals express their gender and sexuality outside heteronormativity and the gender binary.*

Nira says, “United Way Halton & Hamilton's new Investment Framework is bringing stability and flexibility to the critical social justice and equity work of frontline agencies.”

Community Partners

Research Partners

United Way collaborates with diverse community partners to support continuous research and development. This is vital to prioritizing key issues, understanding root causes, and developing opportunities to create measurable impact. In addition to the network of agencies and community stakeholders, your United Way’s partners include **Community Development Halton**; the **Social Planning and Research Council of Hamilton**; **McMaster University**; the **Behavioural Insights Team of Canada**; **Sheridan College**; and **The/La Collaborative**. Whether harvesting local data, conducting literature reviews, engaging stakeholders or co-designing programs, the research supports evidence-based interventions and builds sector knowledge. These relationships guide our strategies, build community capacity and enable transformative change.



Social Prescription

Navigating care systems and accessing supports can be challenging. Social prescription – an emerging model of care – comprehensively addresses individual needs by connecting health and community services. Your United Way worked with **McMaster University**, **Alliance for Healthier Communities**, **211** and local partners to explore how social prescription might work in our communities. Learn more: uwhh.ca/social-prescription

Community Tables

Your United Way participates in community tables across Halton and Hamilton, lending key perspectives, thought leadership and connection to community conversations. Issues include service collaboration, housing access, poverty reduction, advocacy for older adults, and more. The collective power of these collaborative tables drives local change. Learn more at: uwhh.ca/community-leadership

Poverty Reduction

Eliminating poverty is one of the major fights of our lifetime. Together with groups like **Hamilton Roundtable for Poverty Reduction** and **Poverty Free Halton**, and as a member of Communities Ending Poverty with **Tamarack Institute**, your United Way works to reduce poverty in our communities through advocacy, investment, participation and leadership across these important groups.

211

Dialing 211 simplifies the process of navigating health and social service networks by guiding callers to the information they need. Available 24/7 in 150+ languages, 211 provides accessible service for all – text, chat, phone and email – with specialized support for diverse communities, including Indigenous Peoples, newcomers, and 2SLGBTQIA+ people. **This past year, the 211 program received 8,299 touchpoints with residents in Halton and Hamilton.**



Community Impact Cabinet

With each new funding cycle, the **Community Impact Cabinet** supports the organization in evaluating applications – the first of several considerations in the investment decision-making process. This diverse volunteer group welcomes new members in each investment cycle intake and includes individuals from the five communities served. Participants offer varied backgrounds in education, work, age and lived experience.

Labour

Your United Way has a longstanding partnership with labour community partners, such as **The Hamilton & District Labour Council**, **Oakville & District Labour Council** and their affiliates across the region. Over the years, improvements to our critical social safety net have been made thanks to the efforts of organized labour community partners. Unions across Canada are historic and generous contributors to United Way campaigns, encouraging members to volunteer and give. This important partnership goes deeper than financial support, as labour representatives help to guide the mission, as members of the Board of Directors, Campaign Cabinet and Community Impact Cabinet. Labour partners advocate for those in need and are integral to inspiring collective action in our communities to address the root causes of poverty. Together, we share a common vision of strong communities and accessible social services for all.



Period Promise

Menstrual equity is the foundation of your United Way’s **Period Promise** – an initiative providing more than 160,000 menstrual hygiene products for those in need since launching in 2019. Working closely with labour community partners, donors, workplace partners and through the Period Promise Policy, your United Way advocates for barrier-free access to products in community and workplaces.



Strategic Initiatives

Your United Way leads, partners with, and supports community initiatives with unique value in generating community impact. Thanks to community and gracious donors like you, your United Way invests in emerging needs, engages in collaborative action, and builds capacity across the social sector.

Hamilton Community Benefits Network

Your United Way is proud to be a trusted partner at the table with the **Hamilton Community Benefits Network (HBCN)**. We have provided collaborative investment support to HBCN along with **Hamilton Community Foundation** and the **Atkinson Foundation**. We are glad to work closely with our allies on equitable infrastructure investments into community.



Living Wage Network

A living wage is the hourly wage needed to cover basic expenses and participate in community. Calculated using community-specific data, as of November 2021, local rates are \$20.75 (Halton) and \$17.20 (Hamilton). Your United Way is proud to be a certified living wage employer and to support this resource for community advocates and employers.



Support to Afghan Refugees

The Afghanistan crisis resulted in an urgent need to support incoming refugees. Your United Way worked with local groups and residents to connect new community members with critical resources such as winter gear, baby supplies, food, personal protective, and mental health and navigation supports.

Financial Empowerment & Problem Solving

Each year, more than \$1 billion dollars of social benefits go unclaimed in Canada due to people not filing their taxes. Your United Way worked with lead partners at **Oak Park Neighbourhood Centre** and the **Social Planning & Research Council of Hamilton** to scale proven financial empowerment models in our region. Free tax filing assistance, financial education and counselling, helped residents out of crisis and into financial stability. United Way co-leads ongoing development using innovative behavioural insights and collaborative approaches. In 2021, your United Way partnered with **Home Suite Hope** to launch a collaborative online platform offering financial literacy tools for clients of social organizations.

Total refunds and benefits through tax filing	\$9,287,262
People supported through tax filing	2,704
People who received financial literacy training and counselling	1,711

“Over the last year our tax completion program in partnership with United Way and funding from the Ontario Trillium Foundation has made it possible to move 58 people who were experiencing homelessness into forever homes with the help of Halton Housing.” – A United Way FEPS Partner Agency

ConnectED

The ConnectED capacity building program works to support the social sector to enhance skills, knowledge, and networks to boost community impact. Sessions feature subject matter experts and local professionals offering high quality, affordable opportunities that strengthen sector capacity through resources, workshops, coaching, and civic engagement. Capacity building is integral to improving an organization’s ability to achieve its mission, and is crucial to both the sector and community.



“This has been an incredible opportunity. I really appreciate the critical lens the students took to support us. Thank you for such an amazing program!” – Theory of Change session participant

Partnering to Support Community

The United Way community donation warehouse benefits agencies, program recipients and volunteers.



United Way’s community donation warehouse is serving the needs of local agencies and their recipients through collecting and distributing much-needed goods, and providing volunteering opportunities to those in community programs who are looking to give back.

The warehouse launched in early 2020 in partnership with local businesses and individuals looking to make in-kind donations.

Located in a community agency that enriches the quality of life of more than 400 people with developmental and physical disabilities, the warehouse engages such program recipients through meaningful work such as sorting and distributing products. These products include items such as housewares, cleaning supplies, hygiene items and bedding. It also played a key role in distributing personal protective equipment to agencies through the pandemic.

“We are so happy to partner with the United Way on space for sorting, storing and distributing donations,” said Emily at the agency. Not only does it help those in the community who benefit from the donated items, but it provides volunteering opportunities for those served by the community living agency.

“Many of our clients want to contribute and stay busy and get a sense of independence.”

“It’s fantastic because it supports United Way in giving to the community and enriches the lives of our clients, too.”

The household provisions collected and distributed by the warehouse have been a valuable addition to the work of a local agency dedicated to youth mentorship, particularly for vulnerable populations. United Way funding is a key reason the agency can provide one-on-one and group supports to more than 2,000 young people each year.

“An opportunity like the community warehouse lets us expand our services to offer tangible goods to families in need that we support,” said Natalie at the agency. “Without United Way and other community partners, we just don’t have the capacity to do that.”

Supported agencies that wish to take part in your United Way’s Holiday Helping Hand program collect personal wish lists from clients.

“In 2021, the program supported the holiday season for many who accessed our programs, a number that grows every year”, says Natalie. “Recipient families say that without that holiday support, there would be no presents under the tree.”

Launching the community donation warehouse

has expanded the Holiday Helping Hand program, helping more families every December.

Volunteers installed new heavy-duty metal shelving and rebuilt some of the existing shelves to maximize the storage and organization within the two large bays of the warehouse.

Dimitri, Labour Community partner from Carpenters Local 18, agreed right away to lead the effort because he believes in the work of United Way.

Dimitri and other volunteers dedicated 60 hours

of their time working on the project. The impact of your United Way and its funded agencies is important to Dimitri because he wishes he had had access to community programs when he was growing up.

“I am successful and life is good for me now and I want to help people who are struggling. Life should get better for everyone.”

“We should all be thinking about what we can do to help future generations and make it easier for them now.”

Through the Community Donation Warehouse, your United Way built relationships with corporate and logistics partners, creating a community-based solution giving new life to unused inventory, supporting local agencies and enhancing community impact. In 2021, **\$373,686** of in-kind donations were distributed thanks to corporate partners and individual donors in community.

\$81,312	Cleaning and hygiene supplies to offset operational costs for agencies providing residential housing facilities to vulnerable community members
\$21,133	Diapers, infant and baby supplies and children’s items to parents and families living in poverty
\$33,080	Personal protective equipment to our network of supported agencies
\$223,174	Housewares allowing people in need to create cozy new homes
\$12,772	Electronics and home appliances helping individuals and families navigate the virtual world
50,483 kits	Show Your Local Love Day Personal Kits



Holiday Toy Drives
96 Families and individuals sponsored
2,227 Individuals received a gift
\$82,062+ Total value of all gifts distributed

Emergency Needs in Community

The Situation

As the COVID-19 pandemic passed its two-year mark, the social service sector remained dedicated to supporting the most vulnerable people as they faced extraordinary challenges. In December 2021, it became apparent the pandemic placed further strain on the social fabric of our communities as local agencies reported even greater challenges.

United Way recognized the critical circumstances in which many organizations found themselves: increased demand to serve hundreds of thousands of people relying on United Way’s funded services, some for the first time. In response, your United Way followed up its 2020 Emergency special funding with an additional \$500,000 to respond to ongoing urgent local needs. These one-time community grants were invested over and above annual scheduled allocations. A total of 26 local service agencies received this funding through United Way’s Local Love in a Global Crisis COVID-19 Emergency Fund.



Strain on Operations

The cost of operating essential programs has skyrocketed, citing the increased cost of acquiring essential items like food and cleaning products for clients. Current agency staff are also struggling, facing mental and physical challenges, including carrying the caseload to meet the needs of clients in the face of staffing turnover.

Increased Demand

Nearly half of surveyed agency programs (43%), saw an increase in demand for their programming, including increased mental health challenges, increased need for food and essential items, and a need for free and accessible programs for youth, seniors and isolated individuals. Furthermore, 29% of those agencies indicated they were not able to meet the demand due to lack of resources as a result of funding restrictions and lack of skilled staffing.

Waitlists & Reduced Access

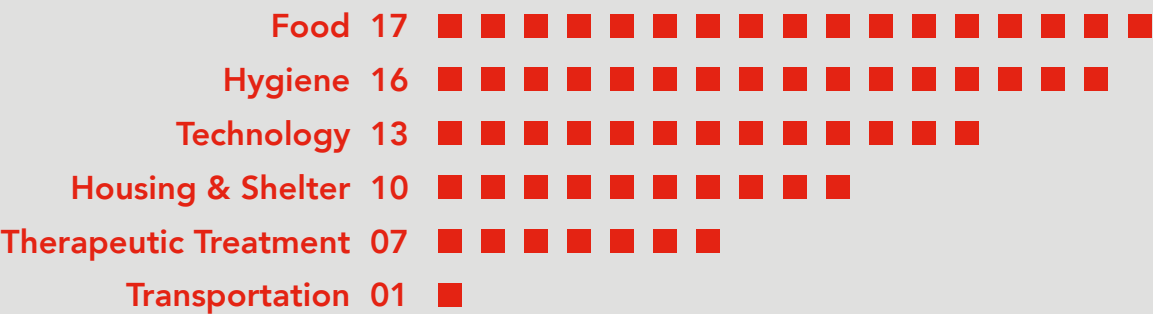
Adapting programming from in-person to virtual and back to in-person has been a real challenge for agencies. COVID-19 health restrictions have resulted in smaller cohorts and fewer clients served in agencies, with half of programs reporting a waitlist. Agencies are experiencing hesitancy from volunteers and clients alike, and operating at reduced capacity to accommodate for public health restrictions.

Responding with Emergency Funding

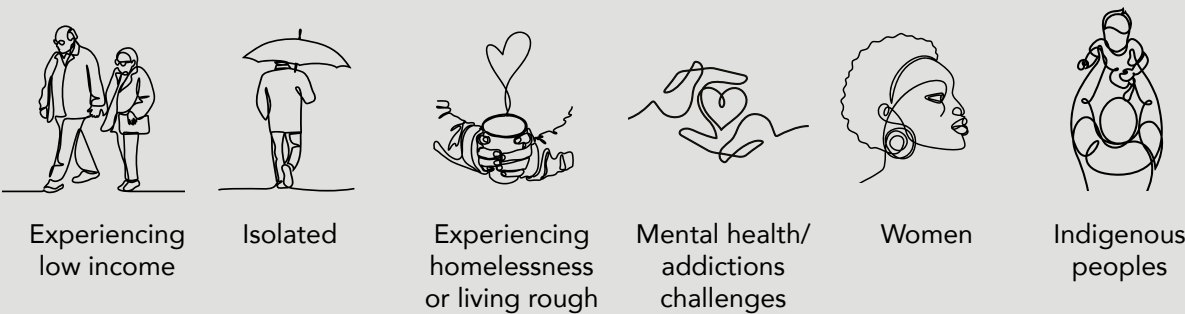
Driven by data collected through your United Way’s network of funded agencies, half a million dollars of vital and additional one-time community grants was invested funds. This funding supported the local nonprofit sector as agencies continued to provide critical services during the pandemic, navigating increased demand, worrisome waitlists, staff burnout and shifting public health guidelines. As our community worked collectively toward recovery, these essential funds helped to ensure basic needs programming remained accessible to our most marginalized community members, including food, hygiene, technology, shelter, therapeutic treatments, such as addictions counselling, and critical transportation services.

Total Invested in Community: **\$500,000**
Total Projects Supported: **26**

Projects with the Focus:



Predominant Populations Supported:



“While the pandemic has highlighted the housing crisis, women, girls and gender-diverse people are more likely to couch surf or remain in abusive relationships than end up on the streets. With this funding, we have been able to ensure women have a safe shelter experience and secure suitable housing.” – United Way-Supported Women’s Criminal Justice Reintegration Program



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STRONGER.

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Vice-Chair, Susan Nicholson – City of Hamilton

Mary Cardamone – Royal LePage Real Estate Services – The Cardamone Group
Chris Cooke, CPA, CA – Community Member
Jayoti Edington – Hamilton and District Labour Council
Robert Forbes – Hamilton Health Sciences
Cam Galindo – Hamilton-Wentworth District School Board
Greg Jones – Terrapure Environmental
Marg Macfarlane – Oakville and District Labour Council
Anthony Marco – Hamilton and District Labour Council
Trent Ogilvie – xROCKWOOL
Dan Pearce – OTI Lumionics Inc.
Rachna Singhal – Canada Revenue Agency
Margaret Taylor – Town of Halton Hills

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2020 Chair, John Chisholm – SB Partners

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Dave Corbett – First Ontario Credit Union
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Lisa Kearns – City of Burlington
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Brett Lefebre – Unifor Local 707
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Pavan Parmar – Town of Oakville
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Cyrus Tehrani – City of Hamilton
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John Evans
Marc Hamel
Rob Hooper
Eve Willis

Sopinka Committee

Co-Chair, Robert Hooper

Co-Chair, Claire Wilkinson

John Evans
Melissa Fedsin
Neil Jones
Imran Kamal
Edward Key
Sumitra Lagoo
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Andrew Spurgeon
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Co-Chair, Lisa Guimaraes

Esther Hagerman
Michaela Hutchison
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Co-Vice Chair, Sandy Rattana

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Chair, Hal Watson

Meaghan Carlson
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Oz Zafar



Affinity Groups

Women United

Women United, a group within the United Way movement, worked to make a deeper and broader difference in our community. As vital partners of United Way, Women United members advocate for the health, education, and financial stability of every person in every community. In a diverse and vibrant team, Women United leverage their time, talent, and resources to empower women to build strong, independent lives. Women United members are leaders in Halton and Hamilton, and key drivers of philanthropy through both Leadership giving and volunteering.

Sopinka

The Sopinka Committee gathered a dedicated team of members from the legal sector to host the annual Sopinka United Way Luncheon, celebrating its 20th anniversary. With a strong sense of community, the Sopinka Committee put together a strong and inspirational campaign to raise funds in support of vulnerable people across Halton and Hamilton that resulted in a 20% increase in gifts and 20% more attendance. The tireless efforts of the Sopinka Committee embodied the mission of your United Way, giving their time and effort in support of critical local programs and services to help those who need it the most.

GenNext

The GenNext program inspires future leaders by connecting enthusiastic young professionals across our community. Passionate about making our region greater, the GenNext Cabinet supported the work of United Way through local events, giving and volunteer opportunities.



Hi, my name is Marwan and I'm a development manager in the real estate development industry. Four years ago, when I was starting out my career, I attended the annual Banter with Bigwigs event organized by United Way and their affiliate committee, GenNext Halton & Hamilton. The event helps students and young professionals create meaningful connections with local leaders in various industries. I was very impressed by that event, so I decided to join the United Way team. I've enjoyed volunteering with United Way – the staff and fellow volunteers are some of the most supportive people I've ever met.

I am happy to be part of an organization that makes a profound impact on our community by ensuring programs and services work together to achieve lasting positive change. We all know a resilient, supported, and strong community benefits all of us. Everything that we do to help those most vulnerable wouldn't be possible without the generosity of donors, so please join me in supporting United Way Halton & Hamilton.

Marwan Zahra,
Development Manager,
Belmont Equity Partners
GenNext Donor



TOGETHER.
STRONGER.

CHAMPIONS

Workplace Champions



“I’m Monique Buckberger, Vice President and District Manager for PCL Constructors Canada Inc. I’m also the chair of our United Way workplace campaign. PCL’s legacy of giving to United Way spans more than half a century, and my personal relationship with United Way began over 26 years ago when I began my career with PCL.

Throughout this time, I’ve recognized the important work United Way does with its agency partners. These agencies rely on multi-year funding, allowing them to implement programs that make a real difference in our community. By allowing United Way-supported agencies to plan their programming more than one year out, they are ensuring that the help provided to our community is consistent and long-lasting. This means that I can create a meaningful impact for local programming. When I give to United Way, I know my support goes directly to the community in which I live and work.”

Monique Buckberger,
Vice President and District Manager,
PCL Constructors Canada Inc.
Gold Leadership Donor

Step Up for the Community Award Winners



Game Changer Award

- Canada Revenue Agency
- Canadian Mental Health Association – Halton Region Branch
- Eva Rothwell Centre
- Hamilton Council on Aging
- John Deere Financial
- OPSEU Local 207– Halton Paramedics
- RBC Royal Bank
- Sexual Assault Centre Hamilton and Area (SACHA)
- St. Joseph’s Healthcare Hamilton
- Welcome Inn Community Centre

United Apart Award

- Appleby College
- Budds’ Group of Companies
- Canadian Centre for Occupational Health & Safety
- City Of Burlington
- Distress Centre Halton
- Eaton Canada
- Halton Region
- Hamilton Health Sciences
- Hillfield Strathallan College
- LCBO
- Mohawk College
- Social Planning & Research Council of Hamilton
- Thomas International
- Town of Oakville
- WSP

Leading the Way Award

- BMO Bank of Montreal
- Cogeco
- Hope Place Centres
- O’Connor MacLeod Hanna LLP
- PCL Constructors Canada Inc.
- PwC
- Scotiabank
- Unifor Local 5555

Committed to Community Award

- Advica Health
- Carpenters Local 18
- Fern Hill School – Oakville Campus
- Hoskin Scientific Group
- KF Aerospace
- National Tire Distributors
- OPSEU Local 281/Compass Group
- Portage M&A Advisory
- QSR Group
- Spark Power
- Terrestrial Energy

Champions of Change Award Inspiring Local Love Award

Levitt-Safety – Bruce Levitt, Kayla Toronto, Emily Sefic & Mollie Ahrens	3M Canada
Hamilton Steelworkers Area Council – Darren Green, Jim Huff, Terry Willock, Tom Walsh & Harvey Woodrow	ArcelorMittal Long Products Hamilton East Assurant Bentley BGC Hamilton-Halton Burlington Hydro
Rockwool & Unifor Local 266 – Angela Morton & Robert Whitelaw	Canadian Mental Health Association – Hamilton Branch
Community Living Burlington – Emily Huang & Shawn McInnis	City of Hamilton Community Living Oakville Deloitte
YMCA of Hamilton, Burlington, Brantford – Jacqueline Thompson	Desjardins Insurance Endress+Hauser Canada
Community Living Hamilton – Amelia Rupsys	Halton District School Board Hamilton & District Labour Council
UPS – Clare South	Hamilton-Wentworth Elementary Teachers' Local Hamilton-Wentworth Catholic District School Board
Nelson Steel – Ralph Benincasa	Leadec & Unifor Local 707
Ecodyne – Dean Cameron	Living Rock Youth Resources
Sagen – Co Chairs Lynne Kotiarchuk and Kayla Connelly & United Way Campaign Planning Committee	McMaster University Moen
LiUNA and LiUNA Local 837 – Joe Mancinelli	Oakville and District Labour Council Oakville Hydro
Innomotive Solution Group – Bruce Whitehouse & Crystal Davison	Pelmorex Reliance Home Comfort
Halton Catholic District School Board – Kelly Stephens, Marie-Therese Awitor, Rosie DiPietro & Stephany Balogh	SB Partners Stelco/United Steelworkers Local 1005 The Hamilton Spectator Threshold School of Building United Association of Plumbers & Pipefitters Local 67



Hi, I'm Steve, Senior Vice President and General Manager at Eaton Corporation. Giving to United Way is important to me because I want to support my community, ensuring that I maximize the impact that I can have. United Way assesses the needs of the community, and the services that are available to address those needs. They then ensure that every dollar is directed in a way that creates a meaningful impact. I also know from personal experience on volunteer boards, that United Way works with agencies to make them stronger and more effective.

I choose to make my donation with a Gift of Securities. Giving this way effectively allows you to take dollars that would have been paid as capital gains tax, and use them as part of your gift to the community. I feel really good about knowing that I'm having a significant impact on my community, and I'm doing that in a tax-efficient way."

Steve Boccadoro,
Senior Vice President and General Manager,
Eaton Corporation
Gold Leadership Donor

To learn more about gifts of securities visit:
uwhh.ca/securities/



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^S Annual Sopinka United Way Legal Luncheon Supporter

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Imran Kamal,
Legal Counsel,
Ontario Ministry of the
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“Hi, my name is Imran, and I’m a lawyer with the Ontario Ministry of the Attorney General. Giving to United Way is important to me because I really believe, in fact I know, that United Way does amazing work in our community.

I believe it is my responsibility to leave the world a better place than I found it, or at least try to; that’s why I’m a monthly

donor for United Way. I prefer giving monthly using automated withdrawals so that it’s an easy way to support my community, but not an additional item on my to-do list. It’s easy, convenient, and impactful.

In addition to giving monthly monetary donations, I volunteer with the annual United Way Sopinka Committee, which puts on a luncheon every year for the

legal community to raise recognition and funds for United Way Halton & Hamilton.

I urge you all to be creative in the ways you get involved in United Way and find ways that work for you.”

Sherene Layne • William Lipsit^S • Rob Lister • Jennifer Loker • John Loukidelis & Sarah Wayland^S • Scott Mackintosh • Avis Maher & Akeel Ghaib • Kimberly Maiatico • Philip Martin • Kimberly Mathieson • Sara Mayo & Peter Graefe • Peter & Lynn McAdam • James McAskil & Agata Stelmach • Chantal McCalla • Brian & Peggy McDonald • Adam McInnis • Jay McMahan • The Melo Family • Dominic & Carol Mercuri • Tim Miron, CPA, CA • David Molinaro • Rob Morrison • Marianne Morton • Gisele & Neil Murdoch • Don & Joyce Newman • Beverley Norman • Linda & Malcolm Nourse • Peter Olive • Neil Oliver • Naomi Overend • Doru Pantea • Marc Pascoli • Keri Peacock • Robert Pelton • Wally Pieczonka • Rafal Piotrowski • Joseph & Melanie Provost • Clarissa Rasquinha • Haseeb Rehman • Christopher Rick • Dana & Catherine Robbins • Neil Rostant • Lloyd E Rowlett • Greg Ruddell • Hugh M. Russell • Jason Safar • Fareen Samji • George Samu • Bob & Peggy Savage • Tom Sawyer • Mark Sazio & Liza Sheard^S • Gary Scandlan • Kathryn Seymour • Ken Small • Janette Smith • Bruce Sonnenberg • Ian Spalding • Mac & Linda Sparrow • Andrew Spurgeon & Margot Shepherd-Spurgeon^S • Wes & Charlene Stephen • Sharon Stewart Guthrie • The Stripp Family • Paul Sweeny & Janice McNeil-Sweeny^S • Andrew Tapajna • Anne Tennier • Glen & Alaina Tennison • Marc Thibodeau • Marianne Thompson • Todd Thornton & Tammy Challoner • Wayne Thorpe • Ruth & William Todd • Jim & Audrey Vanderveken • David & Pat Venus • Michael Vos • Darren Walker • The Wallace Family • Adam Weir • Dr. Douglas L. Welch • Alan Wheable • Ellen & Bruce Whitehouse • John & Sheila Williamson • Wade Zacharias • **Anonymous x 27**

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Hi, we're Adam and Monique Newman. We believe that strong communities are built upon a sense of responsibility that we have to one another, whether it be children, parents, seniors, or people with disabilities – inclusive of all races, religions, gender, or sexual orientation. We give to United Way Halton & Hamilton because we believe it to be one of the most effective charitable organizations in accomplishing this goal with a longstanding, successful history of involvement in our communities.

There are great needs in Halton and Hamilton now more than ever. United Way understands where the needs are greatest, and where financial support will have the most impact. We trust United Way to allocate our donations responsibly to the programs and people in our community who need it most United Way Halton & Hamilton understands how the local agencies it supports work, who in our community they're each serving, and that outcomes are measured.

We donate what we can because we deeply care about our community. We chose to give to United Way because of their history of success in making our community stronger, and improving the lives of many by giving opportunity to those who wouldn't otherwise have it."

Adam & Monique Newman,
Philanthropic Circle Leadership Donors



Agency & Program List

H Hamilton
B Burlington
O Oakville
M Milton
HH Halton Hills

Agency Name	Supported Program	H	B	O	M	HH
Acclaim Health and Community Care Services	Adult Day Programs					
	Bereavement Support					
	Caregiver Support & Education					
	Friendly Visiting					
	Memory Visiting					
	Tele-Touch					
Alternatives For Youth	Youth Substance Use Counselling					
Ancaster Community Services	Assisted Volunteer Driving					
	The Net (Youth Empowerment Program)					
ArtHouse for Children and Youth	Feed the Whole Child					
BGC Hamilton-Halton	Character Development					
	Sanford Kids Club					
Big Brothers Big Sisters of Halton and Hamilton	Community Based Mentoring					
	School Based Mentoring					
	Vulnerable Population &					
	Cultural Mentoring					
Canadian Mental Health Association, Halton Region Branch	Free Walk-In/Call-In Counselling					
	Health Promotion & Education					
Canadian Mental Health Association, Hamilton Branch	Evening Social Recreational Rehabilitation					
Catholic Family Services of Hamilton	Healthy Wallets, Wealthy Minds					
	Seniors Intensive Case Management					
	Walk-In Counselling					
Catholic Youth Organization	Camp Marydale					
	Crusader Athletics					
Community Development Halton	Social Planning Program					
Community Living Burlington	New Horizons Residential Services					
Community Living Hamilton Community Living North Halton	Supported Leisure					
	Drop-In Centre					
	Friday Friends					
	Saturday Centre					

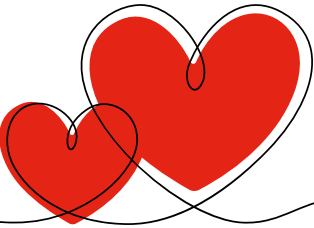
Agency Name	Supported Program	H	B	O	M	HH
Community Living Oakville	Community Connect					
Distress Centre Halton	Distress Line					
	TeleCheck					
Dundas Community Services	Seniors Services					
Elizabeth Fry Society of Greater Toronto	Youth Connect					
Elizabeth Fry Society, Southern Ontario Region	Opportunities for Women					
Empowerment Squared	Education Programs					
	Supervised Sports & Recreation					
Eva Rothwell Centre	Community Connections					
	ERC Youth Zone (Empowered, Resilient, Capable)					
	ICE After School Program (Inspire, Create, Empower)					
Food For Life Canada	Food Sourcing, Sorting & Sharing					
Halton Alcohol And Drug Assessment Prevention And Treatment (ADAPT)	Know The DEAL (Drug Education Alcohol and the Law)					
Halton Food For Thought	Student Nutrition Program					
Halton Multicultural Council	Crisis Specialist					
Hamilton and District Literacy Council	Literacy & Basic Skills					
Hamilton Council on Aging	Seniors 4 Change (Positive Aging Education)					
HIPPY Halton	HIPPY (Home Instruction for Parents of Pre-School Youngsters)					
Hope Place Centres	Her Strength					
	His Strength					
	PATTERNS					
John Howard Society of Hamilton, Burlington & Area	Family Support Program					
continued...						

Agency Name	Supported Program	H	B	O	M	HH
John Howard Society of Peel-Halton-Dufferin	Community Services		■	■	■	■
	Hate Crime and Radicalization Prevention		■	■	■	■
	Helping Youth and Parents Plan Positively		■	■	■	■
Lighthouse Program for Grieving Children	Peer Grief Support Groups		■	■	■	■
Links2Care	Community Support Program					■
Literacy North Halton	Adult Tutoring Program				■	■
The Living Rock Ministries	OASIS Coffee House Evening Program	■				
Milton Community Resource Centre	Family Fun Programs				■	
	Infant Food Bank				■	
	She Can!		■	■	■	■
Oakville Meals on Wheels	Meals on Wheels			■		
Oakville Parent-Child Centre	Welcome Home			■		
Radius Child & Youth Services	Child Abuse Prevention		■	■	■	■
	Child Abuse Trauma Intervention	■	■	■	■	■
ROCK Reach Out Centre for Kids	Our Community Cares Hubs		■			
	Educational Support		■	■	■	■
	Group Therapy for Youth		■	■	■	■
	Reconnecting Youth		■	■	■	■
Sexual Assault & Violence Services of Intervention Halton (SAVIS)	Community Youth Worker		■	■	■	■
	North Halton Counsellor				■	■
	Senior Sharing Circle		■	■	■	■
	South Halton Counsellor		■	■		
Sexual Assault Centre Hamilton & Area (SACHA)	Abuse Prevention	■				
	Counselling and Advocacy	■				
	Crisis Support	■				
	Diverse Communities Outreach	■				
Social Planning & Research Council of Hamilton	Financial Empowerment and Problem Solving Project (FEPS)	■				
	Social Planning	■				
St. John Council For Ontario Halton Region Branch	Therapy Dogs			■	■	■
St. John Council For Ontario Hamilton Branch	Therapy Dogs	■				
St. Joseph's Villa Dundas	Adult Day Program	■				

Agency Name	Supported Program	H	B	O	M	HH
St. Matthew's House	Seniors Food Security Program	■				
STRIDE (Supported Training & Rehabilitation in Diverse Environments)	Employment Support Program	■	■	■	■	■
Support House	Youth Supports		■	■	■	■
Threshold School of Building	Ready to Work	■				
Thrive Counselling Services Halton Inc.	Caring Dads	■	■	■	■	■
	Individual, Couple & Family Counselling		■	■	■	■
Welcome Inn Community Centre	Learning and Fun After School	■				
Wesley	All Youth Zone	■	■			
	Early Years Mobile Services	■				
	Senior's Outreach Program	■				
	Wesley Day Centre	■				
	Wesley Youth Housing	■				
Wever Community Hub	CORE Kids	■				
The Women's Centre of Halton	Peer Counselling		■	■	■	■
YMCA of Hamilton Burlington Brantford	Beyond the Bell	■	■			
	Children & Youth Health & Fitness	■	■			
	Day Camp	■	■			
	Helping Hands	■	■			
	Youth Support Programs	■				
YWCA Hamilton	After School Program	■				
	Good Beginnings	■				
	Transitional Living – Food Security	■				
	Woman Alive	■				
	Young Women & Girls Programs	■				

Partners

Ontario 211
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BURLINGTON

HALTON HILLS

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MILTON

OAKVILLE

In light of the COVID-19 physical distancing guidelines,
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